



# PROJECT PLAYGROUND

## SOCIAL WORK INTERNSHIP REQUIREMENTS

Project Playground is a Foundation aiming to improve lives and create opportunities for children and youth in vulnerability and exclusion. We do this through capacity-strengthening, educational activities, and individual support. These children and youth gain self-esteem, faith in the future and tools to break the exclusion they are in. This not only contributes to positive personal development but also societal development.

We have been working within the Langa and Gugulethu communities for the past 14 years and in that time, we have had hundreds of families come through our programmes. We pride ourselves in holistic interventions and support for each of our families. We are currently overseeing over 400 children and their families.

Project Playground Social Work focuses on equipping families to be strong support systems for the children we work with. Social workers and social work interns provide individual, group and community interventions to families in the form of individual therapy, support groups and community building initiatives. For example, each year, we have the following macro interventions:

1. Single-parent-focused-dialogue equipping parents with skills to navigate their journey.
2. Health Campaigns focused on prevention and awareness of good health habits.
3. A male-focused initiative promoting the man's role in society and as a father.
4. Special Needs awareness interventions for our participants living with disabilities.
5. Grandparents' Day where we highlight and celebrate their role in their grandchildren's lives.

We also host special child protection oriented events on special days such as Child Protection Week or Youth Day or 16 Days of Activism against abuse of women and children which on the annual South African calendar.

Some special projects are designed specifically around the capabilities of the intern. For instance - interns who are interested in media, have done media related projects for us. Those interested in research have done work along those lines. Although we have traditional social work initiatives as outlined above, we do zoom in to the interests of an intern and work with their passion as well.

Included in internship agreement:

- Weekly supervision with experienced social worker
- Peer engagement with resident social work colleagues/local and international interns
- Tailor-made special interventions
- Stakeholder engagements
- Cost of 3-month internship: SEK 5500 per intern

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